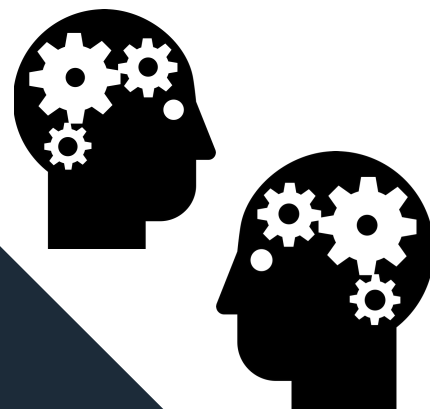


Presented by Lifestyles, Inc.  
in partnership with CCPL

# MENTAL HEALTH FIRST AID COURSE



WALDORF WEST  
10405 O'DONNELL PLACE

SEPTEMBER 9TH, 2017  
9 A.M. - 5 P.M.

**Mental Health First Aid is an 8-hour course that teaches people the skills needed to help someone who is developing a mental health problem or experiencing a mental health crisis. Our goal is to help the public identify, understand, and respond to signs of mental illness.**

**RSVP to [marketing@ccplonline.org](mailto:marketing@ccplonline.org) by 9/1/2017**

CCPL EVENTS ARE ACCESSIBLE TO INDIVIDUALS WITH DISABILITIES. FOR SPECIAL NEEDS PLEASE CONTACT  
301.645.1395 AT LEAST 2 WEEKS IN ADVANCE.

